

Easy Peasy Banana Cookies

Ingredients

2 ripe bananas



1 cup of regular oats



1 handful of raisins



1 large mixing bowl



1 fork & 1 spoon



Instructions

Preheat the oven to 350 degrees. Mix rolled oats and raisins together.

Mash bananas with a fork until smooth. You can add a pinch of cinnamon too! Scoop heaping tablespoons of dough onto a cookie sheet.

Bake for 18-20 minutes until lightly browned.

Cooking can help **young** children learn and practice some basic math concepts and build language skills.

Cooking can help:

Build basic skills

Encourage an adventurous palate

Help **young** children explore with their senses

Boost confidence

Dancing to music helps **children** build motor skills while allowing them to practice self-expression.

Here is a great interactive song you and your child can sing together while making the delicious cookies.



Peel bananas, peel, peel

Slice bananas, slice, slice bananas!

Smash bananas, smash, smash bananas!

Eat bananas, eat, eat bananas!

Go bananas, Go, go bananas!